

Go4Fun Online -
available to more
families, anywhere,
anytime!



NSW families with primary school-aged children can access the **FREE** healthy lifestyle program Go4Fun Online anywhere at any time.

Families choose:

- when to meet your health coach
- your own healthy lifestyle goals
- the pace and how often you access online sessions.

The free program includes:

- a weekly meeting with a personal health coach
- 10 online sessions
- weekly activities to do in real life
- a closed Facebook group to connect with other Go4Fun Online families
- children earning tokens during the program to receive a reward at the end.

For more information and to register visit
www.go4funonline.com.au

From screen time to play time!

Free family healthy lifestyle program
for primary school-aged children



Join Go4Fun
Online now



go4funonline.com.au



1800 780 900

